



16th Edition

Hearing & Audiology Newsletter



MERRY CHRISTMAS

All of us here at Hearing & Audiology wish you a very merry Christmas and happy New Year. Be happy. Hear well. Stay safe.

All the best for 2017



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Give the gift of hearing this festive season



You're invited to come and try the latest technology to help hear your family over the Christmas and New Year period. If you or someone you know is starting to struggle in everyday listening situations come in for a free hearing screen and be fitted with trial hearing aids on the same day. There is no cost, no commitment and no risk. Keep the hearing aids over a 4 week period and hear loved ones during the festive season. Offer ends January 13, 2017.

Unitron North Moxi Fit, available in 5 different technology levels.



Christmas and Batteries

We will be having a break over the Christmas and New Year periods. In the metropolitan area our last day of 2016 will be Friday 23rd December until 12.00 noon. We will re-open Tuesday 3rd January.

If you attend our Geraldton practice, our last visit will be December 14th and 15th. The first visit of 2017 will be January 18th, 19th.

Please make sure you have enough batteries and wax guards to last the Christmas period, especially if you are going away.

In Geraldton you will still be able to get batteries and wax guards from the Allied Health counter at the Panaceum when we are not there.

Alternatively you can call us on 9388 8003 and we can post them to you, but not between December 24 and January 2 inclusive.

For ongoing updates on the latest technology please go to our website: www.hearingandaudiology.com.au

Hearing Humour

Q-tip Facts



Percentage of doctors who tell you not to put Q-tips in your ears.

Percentage of people who put Q-tips in their ears anyway.

Hearing begins... right here!

Smoking and Hearing Loss



Recent research indicates that smokers are twice as likely to develop hearing loss than non-smokers. The prevalence of hearing loss is directly related to the years of smoking. Those smokers that also work in noise are at a higher risk of hearing loss as they can become more sensitive to loud noises.

Passive smoking is also linked to increased chances of hearing loss. Children are particularly susceptible and more likely to develop middle ear infections as infants and permanent hearing loss in their teen years.

Cigarettes contain dangerous chemicals including formaldehyde, arsenic, ammonia, hydrogen cyanide and nicotine. Nicotine and carbon monoxide deplete oxygen levels and cause blood vessels all over the body to constrict, including those in your inner ear. This results in tissue damage in the cochlea and permanent, irreversible hearing loss can follow. Nicotine can cause tinnitus (ringing in the ears) and vertigo (dizziness).

The neurotransmitters that help send information along the auditory nerve to your brain are also impaired by nicotine. This results in your brain receiving an incomplete or modified hearing signal, making speech understanding more difficult as your brain struggles to interpret what it has heard.

Smoking irritates the Eustachian tube and lining of the middle ear, for both smokers and passive smokers. This irritation is what causes young children to be more susceptible to middle ear infections. Middle ear infections can result in delayed speech and language development, which can have negative impacts on educational outcomes.

AccessComm CapTel Telephone Introductory Special

For those people that really struggle to hear on the telephone, a new phone is now available that converts speech to text, in real time. As your conversation proceeds the dialogue is displayed on a large screen for you to read. You must have the internet for the speech to text conversion to work. It also has a volume boost button to help provide speech clarity. It can be used as a normal phone.

The phone is not available to purchase in Australia, only available to rent.

For November, December and January the CapTel phone will be available for **\$0 deposit and \$0 annual fee.**

The standard cost is a \$50 refundable deposit and \$55 annual rental fee.

A representative from AccessComm will help set it up for you and show you how to use it. There is a button on the phone that will connect you directly to the customer service if you have any problems.



HEARING AND AUDIOLOGY NEWS

After several months away on maternity leave Tina has returned to work. She will be spending time at both the Duncraig and Subiaco clinics.

Congratulations to Kristen who celebrated her marriage to Brad on May 7th at Perth Zoo, and Marilyn (back office) and David who also got married this year on September 24th at Lake Monger.

**Appointments can be made
online at
hearingandaudiology.com.au**

SUBIACO: Unit 36, Crossways Centre, Cnr Bagot & Rokeby Roads
DUNCRAIG: Glengarry Shopping Centre, Shop 11/59 Arnisdale Road
GERALDTON: Panaceum Group, 233 Lester Ave
KARRATHA: visiting Karratha Central Health Care, corner Welcome Road and Sharpe Avenue
FREECALL 1800 888 196
Fax: (08) 9388 8009
E-mail: info@hearingwa.com.au
Web: www.hearingandaudiology.com.au



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