



13th Edition

Hearing & Audiology Newsletter



Refer a Friend



If you refer a family member or friend to Hearing & Audiology for services, we would like to extend our thanks by giving you the choice of a box of batteries (worth \$75) or a coffee and cake at the local café for you and a friend. Don't forget to tell us that you referred a friend for their hearing health needs, to receive your special thank you.

Earwax, Did You Know...

Inside your ear canals are ceruminous glands, *cera* being Latin for wax. These glands produce cerumen or earwax. Strangely, pain, anxiety, fear and chewing stimulates them to pump out more cerumen.

Because your ear canals are damp, dark and warm they are the perfect greenhouse for growing things like bacteria and fungi. The cerumen protects you by keeping your ear canal dry from excess moisture and lining the skin, stopping microbes from invading and killing bacteria. People who don't have enough cerumen are vulnerable to ear canal infections.

The secretions are gooey and bitter to catch those things larger than bacteria. Cerumen traps dust, dirt and hair, as it flows from the eardrum outwards. Jaw movements also help the cerumen flow out of the canal. It is believed that cerumen is bitter to deter insects from setting up house in our ear canals.



Ornately painted and gilded medieval manuscripts have earwax to thank for their beauty. The fresh earwax secretions, being clear, was used as a binding agent for pigments to decorate the manuscripts.



A cleaned ear canal (above) can lead to infections like fungus (below).



15 Reasons You Should Wear Two Hearing Aids

3. Smoother Tone Quality

Wearing two hearing aids requires a reduced volume setting from the hearing aids than if you were wearing one. This results in less distortion and better reproduction of amplified sounds.

4. Reduced Feedback (Whistling)

A lower volume setting with two hearing aids reduces the chances of your hearing aids feeding back (whistling) while you wear them.

5. Greater Comfort When Loud Noises Occur

A lower volume setting with two hearing aids results in better tolerance of loud sounds.

Further reasons will be published in subsequent newsletters.

For ongoing updates on the latest technology please go to our website: www.hearingandaudiology.com.au

In February we had staff photos taken for our new website. After a hard afternoon of taking photos, silliness broke out.

This is the Hearing & Audiology family, including new staff who have joined us this year. Glen and Trish were unable to make it for the photo.

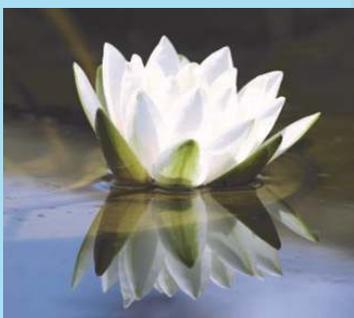


Our new website will be launched very soon, so keep an eye out. You are able to make appointments online!

To take a look at the new site, visit

hearingandaudiology.com.au

Like us on Facebook!
Follow us on twitter
Keep up to date on the latest news and events at hearingandaudiology.com.au



Hearing begins... right here!

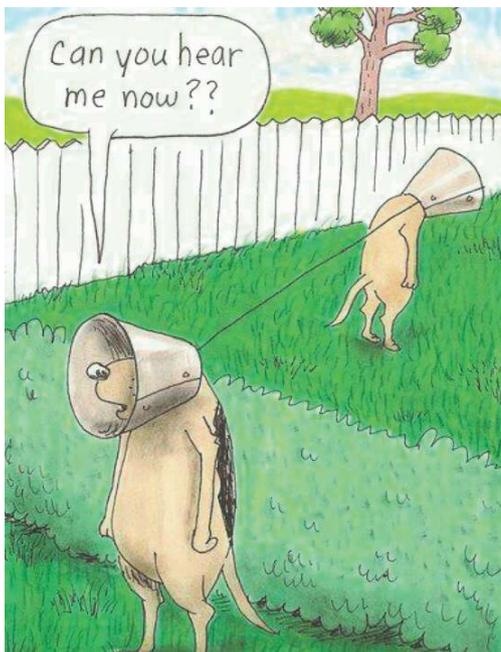
Latest Release Phonak Venture Aids

At the end of February, Phonak released their new platform of hearing aids, Venture. This latest release is currently only available in the popular Receiver-In-Canal Technology. The development of the new computer chips sees twice the processing power with 30% less power consumption, resulting in faster processing and more streamlined processing capabilities. Binaural VoiceStream Technology™ allows for the full speech signal to be processed in real time and bi-directionally for improved sound quality and unmatched speech understanding. AutoSense OS is the new automatic processing that delivers a seamless and effortless adaption from one listening environment to another. AutoSense OS accurately captures and analyses the sound environment and then, more precisely than ever before, blends feature elements from multiple programs in real time to provide a seamless listening experience. There are also new wireless devices available, such as the Phonak Easy Call, which connects to any phone with Bluetooth to stream the calls directly into both aids.

PHONAK
life is on



Hearing Humour



Batteries, How Long Do They Last?

Hearing aid batteries have a shelf life of about 2 years. The expiry date is usually on the back of the pack. You can still use the batteries after this time, but they may not last as long.

On average batteries will last between 5-10 days, this depends on your hearing loss, how often you use your hearing aids and the environments you are in. If you use the very small size 10 batteries you may only get 3-4 days. Hearing aid batteries from the chemist can be of poor quality and will not last long.

To get more life out of your batteries, you need to let the battery 'breathe' for two to three minutes after removing the sticker. This allows more air to enter the battery for the chemical reaction to occur. Then insert the battery, trying not to touch the flat side. When you are not using the hearing aid, make sure you disconnect the battery by opening the battery door. You can also replace the sticker onto the battery when it's not in use, to stop new air from entering the battery.

Hearing Aid Apps

If you have hearing aids with Bluetooth technology and a smart phone, a mobile that connects to the internet, you may be able to download an app which can help to control your hearing aids. Downloading an app turns your mobile phone into a remote control, this may allow easier control of the volume and programs if you have difficulty managing the controls on your aid, or if your aids do not feature user controls. For those hearing aids that have newer, more premium technology the apps also give you control of the microphones for more focused and individualised listening in difficult listening environments. The main manufacturers that have apps available for free download include Oticon, Phonak, Siemens and Starkey. To download the app, simply head to the app store (Apple) or Google Play Store (android) and search for your hearing aid manufacturer.

Appointments can be made
online at
hearingandaudiology.com.au

HEARING AND AUDIOLOGY NEWS

We have started this year with some very exciting news: Tina and Newton are expecting their first child, due in September. Everyone at Hearing & Audiology offers their congratulations and warm wishes for the future. At this point Tina is travelling very well.



Call (08) 9388 8003

SUBIACO: Unit 36, Crossways Centre, Cnr Bagot & Rokeby Roads
DUNCRAIG: Glengarry Shopping Centre, Shop 11/59 Arnisdale Road
GERALDTON: Panaceum Group, 233 Lester Ave
KARRATHA: visiting Pilbara Health Network, 2/2609 Sharpe Avenue

FREECALL 1800 888 196

Fax: (08) 9388 8009

E-mail: info@hearingwa.com.au

Web: www.hearingandaudiology.com.au



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